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Dr. Dhaval SAHIJA
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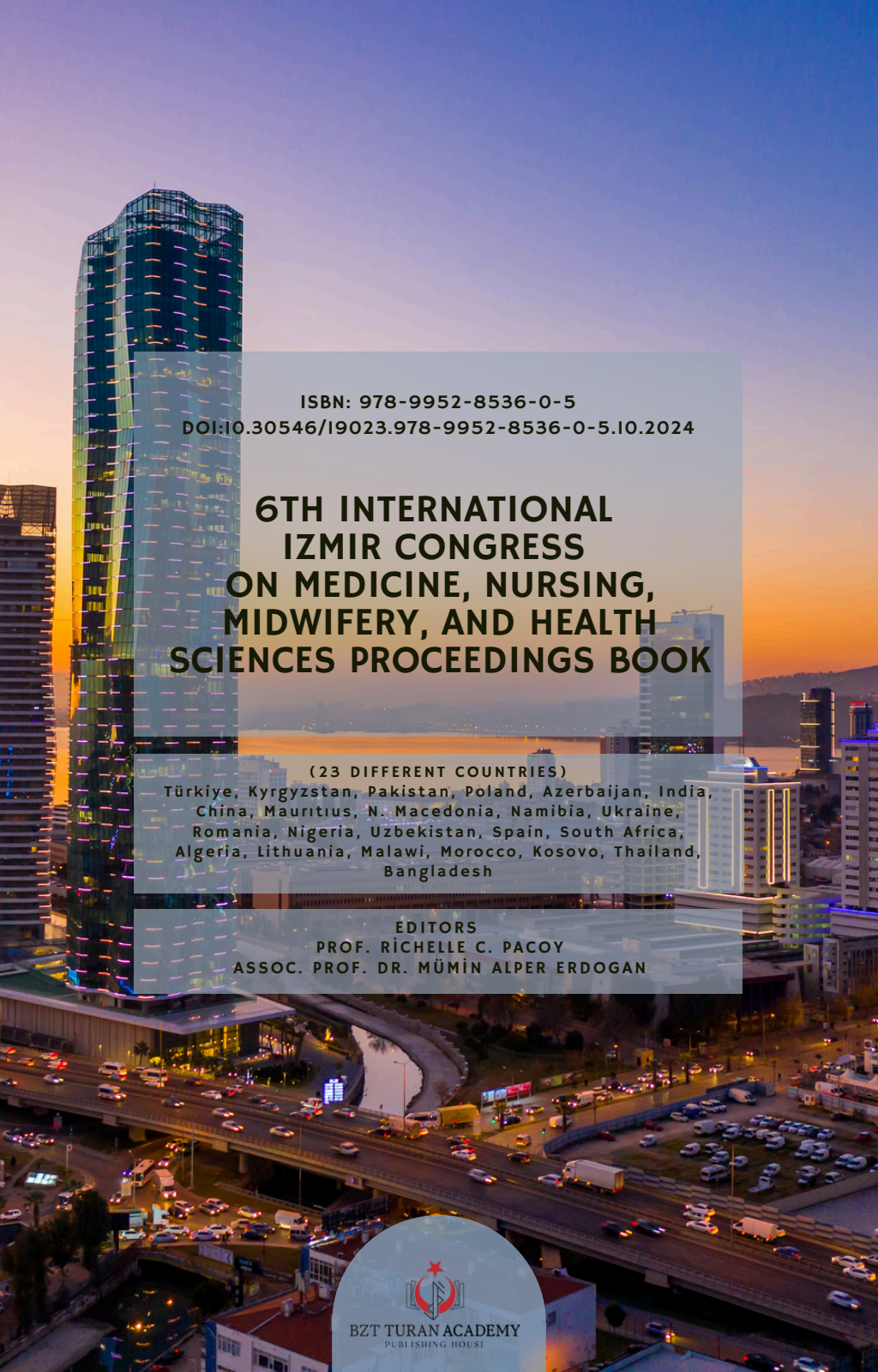
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ACİL SAĞLIK HİZMETLERİNDE GÖREVLİ PERSONELLERİN MESLEKİ BENLİK SAYGISININ İNCELENMESİ

Çiğdem SÜTOĞLU[1 *]

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Arka plan: Mesleki benlik saygısı, bireyin subjektif deneyim ve duygularını tanımlayan çok boyutlu bağlamsal bir kavramdır ve bireyin mesleğine karşı geliştirdiği duygu ve algılarını ifade eder. Mesleki benlik saygısı, mesleki eğitimin alındığı sırada ideal meslek düşüncesi olarak oluşabileceği gibi mesleki deneyim ve hizmet sunumu sırasında da gelişebilir. Olumlu yönde gelişen mesleki benlik saygısı bireyin; mesleğini yüceltmek, geliştirmek ve başarılı olmak için çaba sarf etmesini sağlar.

Amaç: Bu çalışmada Sağlık Bakanlığına bağlı hastane öncesi acil sağlık hizmeti sunan 112 personelinin mesleki benlik saygı düzeylerinin çeşitli demografik değişkenler bağlamında incelenmesi amaçlanmıştır.

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Metot: Bu araştırma kesitsel türde bir araştırmadır. Araştırmada uygun örneklem yöntemi ile veri toplanmıştır ve Artvin ilinde bulunan tüm 112 personeline ulaşmak amaçlanmıştır. Araştırma evrenini Artvin ilinde görevli toplam 315 personel oluşturmaktadır. Gönüllülük esasına göre veri toplanması sonucu 229 kişi araştırma örneklemini oluşturmuştur. Veri toplama aracı olarak "Mesleki Benlik Saygısı Ölçeği" ve "Kişisel Bilgi Formu" kullanılmıştır. Kişisel bilgi formunda cinsiyet, medeni durum, yaş, eğitim düzeyi, branş farklılıkları, meslekteki deneyim yılı, bir nöbetteki ortalama vaka sayısı, mesleği seçme nedeni, mesleği seçme durumu, meslek deneyimi sırasında yaşanan şiddet ve mobbing maruziyetine kalma değişkenleri bulunmaktadır. Veri analizinde toplanan veriler Jamovi 2.4.11 Programı ile analiz edilmiştir.

Bulgular: Medeni durum, meslekteki deneyim yılı ve bir nöbette ortalama vaka sayısının mesleki benlik saygısı düzeyinde anlamlı bir fark göstermemiştir. Yaş, cinsiyet, eğitim düzeyi, branş farklılıkları, mesleği seçme durumu, mesleği seçme nedeni ve mesleki deneyim sırasında şiddet- mobbinge maruz kalma durumunun mesleki benlik saygı düzeyinde anlamlı farklılıklar tespit edilmiştir.

Sonuç: Bireyin mesleğe ilk girişteki istekli durumu ve kişiliğine uygun meslek seçimi mesleki benlik saygı kazanımını olumlu yönde etkilemektedir. Cinsiyet, yaş, eğitim düzeyi ve branş farklılıklarının mesleki benlik saygı düzeyine farklılık yarattığı saptanmıştır. Şiddet ve mobbinge maruz kalma durumunun mesleki benlik saygı düzeyi üzerinde olumsuz etkisi bulunmaktadır.

Anahtar kelimeler: Acil sağlık hizmetleri, mesleki benlik saygısı, 112 personeli.

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EXAMINATION OF PROFESSIONAL SELF-ESTEEM OF STAFF IN PRE-HOSPITAL EMERGENCY HEALTH SERVICES

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Background: Occupational self-esteem is a multidimensional contextual concept that describes an individual's subjective experiences and feelings. Occupational self-esteem refers to the feelings and perceptions that an individual develops towards his/her profession. Vocational self-esteem may be formed as an ideal occupational thought during vocational education, or it may develop during professional experience and service delivery. Professional self-esteem that develops positively enables the individual to strive to glorify, improve and succeed in her profession.

Objective: In this study, it was aimed to examine the professional self-esteem levels of 112 personnel providing pre-hospital emergency

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health services affiliated to the Ministry of Health in the context of various demographic variables.

Method: This research is a cross-sectional research. In the research, data was collected with the convinience sampling method and it was aimed to reach all 112 personnel in Artvin province. The research population consists of 315 personnel working in the province of Artvin. As a result of data collection on a voluntary basis, 229 people constituted the research sample. 'Professional Self-Esteem Scale' and "Personal Information Form" were used as data collection tools. In the personal information form, gender, marital status, age, education level, branch differences, years of experience in the profession, average number of cases in a shift, reason for choosing the profession, status of choosing the profession, violence experienced during professional experience and mobbing exposure variables were included. The data collected in the data analysis was analyzed with the Jamovi 2.4.11 Program.

Findings: Marital status, years of experience in the profession and the average number of cases in a shift did not show a significant difference in the level of professional self-esteem. Significant differences were found in the level of professional self-esteem in terms of age, gender, education level, branch differences, the status of choosing the profession, the reason for choosing the profession and the exposure to violence and mobbing during professional experience.

Conclusion: The individual's eager status at the first entry into the profession and the choice of a profession suitable for his/her personality positively affect the acquisition of professional self-esteem. It has been determined that gender, age, education level and branch differences create differences in professional self-esteem levels.

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Exposure to violence and mobbing has a negative effect on the level of professional self-esteem

Key words: Emergency health services, professional self-esteem, 112 personnel.